

Bridge Street Mission, Inc.

Fresh Start Initiative

8-month Clean and Sober Living Program

About Bridge Street Mission

Mission Statement – Christ-centered help for those in need

Vision Statement – Equipping individuals to become healthy contributors to society

Core Values

1. Sharing the Gospel of Jesus Christ
2. Discipleship through biblical teachings
3. Peer to peer accountability
4. Sharing success stories for God's glory

About the Fresh Start Initiative

The Bridge Street Mission Fresh Start Initiative is designed to be a healthy and safe Christ-centered environment for program participants in our facility. Our desire is that the program participants help each other achieve personal and program goals, and that everyone who joins will make a positive difference both here at our facility as well as in our community.

The Bridge Street Mission Fresh Start Initiative is a Christ-centered, faith-based program. Program participants do not need to be a Christian to enter our program or to graduate, however, all program participants must participate in our Christian classes, Bible studies, and worship services regardless of program participants faith. Program participants must not disagree with Christian teachings to the point of making it uncomfortable for those who do believe, nor may program participants promote any other religions, atheism, or other personal beliefs while part of the program. Non-Christian Holy days and other non-Christian religious holidays and prayer times will not be allowed while in our program.

Benefits of the Fresh Start Initiative

Clean and healthy community living, where individuals help individuals achieve goals.

Christ-centered encouragement and accountability for clean and sober living.

Free rides to Bridge Street Mission for public meals and events.

Program Fees

The cost of the program with a basic room (\$280 per month).

Rooms with a sink (\$295 per month).

Rooms with a private bath (\$350 per month).

Bunk room (\$180 per month)

Christian education (fees included).
Rides to events (fees included).
Up to five meals per week (included).
Financial aid or scholarships may become available in the future.
Car privileges are an additional \$30 per car per month.
Air Conditioners: In window or in room, an additional \$25 per month used
Payments are due by the first day of each month.

References/Referrals

For the sake of other program participants and to help us achieve goals, individuals who wish to enter the Fresh Start Initiative must first apply online at www.bridgestreetmission.org/applications. If there are any medical providers, mental health care providers, probation officers, or any monitoring agencies of program participant for any reason, there will need to be a release of information signed by both the agency and Bridge Street Mission for entry into any program. Personal references will also be required. Pastoral and Christian counselor references are recommended and will be required for advancement into future programs. If you don't have pastoral or Christian counselors, the Bridge Street Mission chaplain is available and will work with each participant in finding pastoral and Christian council, and will also be available during your stay as needed.

Drug, Alcohol, and Smoking Policy and Drug Testing Policy

For the sake of accountability, program participants must submit to drug and alcohol testing. These tests will be administered on a random draw or on suspicion per request by Bridge Street Mission representatives. Bridge Street Mission has a zero-tolerance policy regarding alcohol and drugs and complete sobriety is required.

The following banned drugs will be tested while in our Fresh Start Initiative: Amphetamines (AMP), Barbiturates (BAR), Buprenorphine (BUP), Benzodiazepine (BZO), Cocaine (COC), Synthetic Marijuana (K2/Spice), Methamphetamine (mAMP), Ecstasy (MDMA), Morphine (MOR), Methadone (MTD), Oxycodone (OXY), Marijuana (THC).

If a program participant tests positive for drugs during a drug test, or is found in possession of drugs or alcohol (to include drug paraphernalia and empty alcohol containers), or tests positive for alcohol via a breathalyzer test, they will be immediately evicted from this program and Bridge Street Mission facilities. Also, any program participant who refuses to take the drug or alcohol test will be immediately dismissed from the program. Any program participant possessions will be given back to them at the time of their departure, or if not claimed, will otherwise be disposed. Any program participant offering or giving any forbidden substances or cigarettes to other program participants, or who protects or otherwise hides the violations of other program participants, will also be immediately evicted from the program and facilities.

Drug test samples must be taken in the presence of Bridge Street Mission representatives.

Prescription and non-prescription medication

Non-addictive prescription medication (example: heart medication, blood pressure medication, diabetic medication, etc.) is allowed. Medication must be disclosed to staff, and must be in the

original bottle/package with your name on the prescription. Any off-the-shelf medication also must be disclosed. Furthermore, any guest who is not taking his prescribed medication will be given a written warning. Two or more written warnings will result in dismissal from the program.

Medication-Assisted Treatment (MAT) and addictive prescription drugs are not allowed while in our programs unless previously agreed with by Bridge Street Mission representatives.

Release of medical information must be provided.

Tobacco

Smoking may only take place in designated smoking areas and off-premises, and at designated times. If program participants would like help quitting smoking, Bridge Street Mission encourages personal accountability among program participants to achieve this goal. All program participants will be required to watch [Top 10 Terrible Things Smoking Does to Your Body](#) before entering the program.

Suspicion of smoking in a program participant's room will result in a written warning and 2 or more warnings will result in termination of program participation. Suspicion is determined at the Bridge Street Mission representatives' discretion. Disabled smoke alarms, screens off windows, smoke smell, ashes on floor or outside windows are just a few suspicious activities.

Caffeine

Caffeine pills and excessive coffee or energy drinks are not allowed while in the program.

Disputing a Drug Test

Bridge Street Mission drug testing is done using industry-standard drug testing kits, but it is important to know that program participants have a right to dispute any positive result. To dispute a positive result, immediately let a Bridge Street Mission representative know and they will schedule an official drug test, to be administered by the Aspirus Wausau Family Medicine clinic.

A dispute form must be signed immediately and a \$100 dispute fee paid to the Bridge Street Mission within 15 minutes, prior to the official drug test dispute. A Bridge Street Mission representative must accompany the program participant at all times until the positive drug test dispute has been completed or until the program participant is evicted from the program. If the official drug test proves negative, Bridge Street Mission will reimburse the program participant for the \$100 cost.

Pets

For the sake of order, quietness, and cleanliness, program participants are not allowed to have personal pets.

Age Restrictions

This Fresh Start Initiative is currently limited to individuals from ages 18 to 64. If you are outside this age range, we may refer you to another ministry that is equipped to serve individuals of your age.

Day Rules

Program participants must be outside of their assigned rooms from at least 9:00 AM until 1:00 PM every day of during the week (exceptions may be granted by Bridge Street Mission representatives).

To maintain cohesiveness and to learn together, any guest in the building during this time frame must be in attendance at the following three program sessions:

9:00 am Bible study held in the living room

10:00 am Book report session, reading a chapter in the selected book, and filling out the book report form

11:00 am Life Skills class held in the living room

12:00 pm Lunch down at the Outreach session

1:00 pm Completion of chores

Until programming is in place for Saturdays, the day will be regarded as a day of rest. All random testing and inspections will still be in effect.

Sundays: Program participants are encouraged to go to church and use this time to develop relationships with a local church.

Premature Program Departure

Program participants are not required to stay for the entire length of the program and can leave at any time. However, it is wise to not leave spur-of-the moment, and we ask that program participants keep in mind that achieving something great often takes a lot of effort and will not always be fun or easy.

Bridge Street Mission and its representatives reserve the right to ask program participants to leave for any reason at any time. Reasons for leaving will include, but are not limited to, not fulfilling program duties, not following program policies as listed in this document, and/or not respecting other program participants and mission staff and volunteers and the program they are trying to implement and facilitate.

Program participants who are asked to leave due to violations will be given 30 minutes from the written and verbal-notice time to pack their personal belongings and vacate the premises. The offending program participant will be accompanied during those last 30 minutes by at least 1 Bridge Street Mission representative.

Program participants who leave this Fresh Start Initiative early for any reason will need to wait 30 days before applying for reentry. The 2nd early departure will result in needing to wait 90 days. A 3rd reentry will require a 1-year waiting period and written referral from a staff member. No reentry will be allowed after 3 separate program participations.

Food Policy

Regular meals will not be mandatory. However, five meals per week are included in the program. All program participants are welcome to any additional meals and events at the Bridge Street Mission (115 W. Bridge Street).

Common and Shared Areas

The following areas are considered shared living spaces, and are meant to be used for the benefit of all program participants: Kitchen, living room, bathrooms, and halls. Program participants must clean up after themselves after using any of these facilities.

Hygiene Requirements

For the sake of all involved, Bridge Street Mission requires program participants to wash hands before eating, shower daily, wear clean, neat, and modest clothing, brush teeth at least once a day, and otherwise maintain a clean and healthy lifestyle.

Within program participants' rooms, all clothing and personal items must be folded and properly stored in the available furniture and tote and the floor must be clear of all personal belongings. Furniture and totes will be provided by Bridge Street Mission. Beds must be made, floors and furniture clean, and rooms must be tidy.

If any blood is found, please alert Bridge Street Mission staff so they can clean it up according to Bridge Street Mission's blood borne pathogen policy.

Room Inspections

Program participants' rooms will be inspected for hygiene as needed and at a minimum of at least once a month, without notice. Program participants will be given the opportunity to remedy any room-cleanliness violations, but repeat offenders will eventually be asked to leave the program, especially if the violation is due to willful negligence.

Bedbugs and lice must be reported immediately to Bridge Street Mission representatives to be dealt with and to prevent pests spreading to other rooms and individuals.

Enforcement of Program Rules

This program is designed to be self-enforcing, with program participants helping each other stay accountable to clean and healthy sober living. Our complaint and policy violation reporting and resolution process is based on Matthew 18:15-17. Because of that, we ask program participants to first speak with the violating individual. If that doesn't work, program participants should report the violation online at www.bridgestreetmission.org/violations. Unless there is a good reason not to do so, program participants will be asked to go with a Bridge Street Mission representative to discuss the violation with the offending individual. If that doesn't resolve the problem, Bridge Street Mission representatives will deal with it as management and take it to the next level according to written policies.

Program participants may be asked to join a program participant counsel, which will help facilitate program goals and make things better over time.

Code of Ethics

Bullying, teasing, gossiping, swearing, and unloving words and actions are prohibited in an effort to truly help one another become outstanding citizens and representatives of the family of God.

Curfews/Quiet Time

Program participants should be responsible with common areas at all times. The front doors will be locked at 9:00 pm and will be reopened at 8:00 am the next day. After 9:00 pm, there should be quiet in the building.

Cleaning

Program participants will be required to take turns helping with weekly cleaning, keeping their own rooms clean, and spring and fall major cleanings. Common halls and bathrooms are shared cleaning duties for all participants in each area.

Visitors

Visitation is only allowed in common living areas or outside. No visitation to any rooms. Visitors must sign in at the front desk. Visiting hours are limited to 8:00 AM to 9:00 AM and 2:00 PM to 9:00 PM. No visitors are ever allowed in program participant's rooms unless accompanied by a Bridge Street Mission representative.

Privacy Policy

Bridge Street Mission collects personal program participant data during our intake procedure, as well as throughout the program stay, and securely stores all data. Data may be securely shared with other organizations for the sake of grants and etc., or as is legally required, but will otherwise be maintained securely and added to or reviewed only by Bridge Street Mission staff and volunteers.

During your stay at Bridge Street Mission, you can expect our staff, volunteers, and other representatives to maintain your privacy. However, Bridge Street Mission's team works and shares information with each other as needed. Each program participant's confidentiality is maintained by our entire team, not by an individual adviser. Anything shared or discussed with our staff, volunteers, and other representatives may be included in program participant's case management notes and considered as part of each program participant's unique program.

Computer Usage Notice

For accountability, only monitored computers may be used for internet access while enrolled in this Fresh Start Initiative and computer usage may be recorded. Any evidence of pornography on personal smart phone or computer will result in immediate dismissal from the program. Guest will have 30 minutes to vacate the premises.

Insurance Notice

Any stipends or rewards that program participants receive while enrolled in our program or otherwise during your stay at our facilities, are not a wage and program participants are not an employee of Bridge Street Mission. Since program participants are not employees, program

participants understand they will not be covered by Bridge Street Mission’s worker’s compensation insurance.

Program participants also understand that any work that is required is part of the Bridge Street Mission Fresh Start Initiative, and as such, that program participants are liable for any injury or illness that happens to them during this time.

Program participants may insure their personal belongings, but understand that Bridge Street Mission will not cover that cost, nor will Bridge Street Mission cover the cost of lost or stolen items.

Signing below indicates that I...

- Read the above information
- Understand the above information
- Agree to the above information

The program participant understands and agrees that Bridge Street Mission only has their best interests in mind. The program participant further stipulates by their signature that they will not attempt to break this agreement via any type of legal action.

Print Program Participant Name	Program Participant Signature	Date
Print Bridge Street Mission Staff Name	Bridge Street Mission Staff Signature	Date